**The Willows School : Dinner Orders Autumn 2023**

**Here is your child’s dinner order form for the Autumn Term. Please** **write your child’s name, class and any allergies. Please complete both sides and return to school office by Friday 7th July**

**Please choose your meal option by writing M for Option 1, V for Option 2, J for Jacket Potato or PL if your child will bring in a packed lunch in the bottom column of each day.**

**Name of Child ………………………………… Class ……………… Allergies ……………………………**

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| 4th September2nd October6th November4th December | Monday  | Tuesday | Wednesday | Thursday | Friday |
| **OPTION 1****M** | Plant based meatballs with herby roast potatoes, broccoli and gravy | Beef burger with cheese, chips and apple and parsnip slaw. | Pepperoni (pork) flat bread pizza with glazed corn cobblets | Roast chicken with roast potatoes, seasoned vegetables & gravy. | Shepherdless pie with minty green beans |
| **OPTION 2****V** | Cheese and Cucumber roll with herby potatoes | Plant based cheese burger, chips and apple and parsnip slaw | 3 cheese flat bread pizza with glazed corn cobblets | Tomato Soup with a roll | Tuna (fish) and cucumber roll with salad and coleslaw |
| **Jacket Potato Filling** **J** | Vegetable chilli and cheese | Beans and cheese | 5 bean hotpot | Tuna (fish) and sweetcorn | Cheese |
| **Dessert of the Day** | Mixed yoghurts | Lemon sponge with fresh cream | Fresh fruit salad | Pear & Cherry crumble with custard | Carrot and orange cake |
| **Please choose****M or V or J or PL** |  |  |  |  |  |

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| 11th September9th October13th November11th December | Monday | Tuesday | Wednesday | Thursday | Friday |
| **OPTION 1****M** | Macaroni cheese with peas and sweetcorn | Ham (pork)and pineapple wrap pizza with salad and diced roast potatoes | Hot dogs (pork) in a roll with sweet potato wedges and glazed corn cobblets | Chicken curry and rice with naan bread. | Fish fingers, chips and beans |
| **OPTION 2****V** | Tomato soup with a bread roll | Cheese wrap pizza with salad and diced roast potatoes | Plant based hotdog in a roll with sweet potato wedges and glazed corn cobblets | Vegetable curry and rice with naan bread. | Plant based dippers, chips and beans |
| **Jacket Potato Filling** **J** | Beans and cheese | Vegetable chilli and cheese | 5 bean hotpot | Cheese | Tuna (fish) and sweetcorn |
| **Dessert of the Day** | Natural yoghurt with fruit coulis | Apple crumble and custard | Fresh fruit salad | Jelly and icecream | Rice Krispie cakes |
| **Please choose****M or V or J or PL** |  |  |  |  |  |

**Name of Child ………………………………… Class ……………… Allergies ……………………………**

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| 18th September16th October20th November18th December | Monday | Tuesday | Wednesday | Thursday | Friday |
| **Option 1****M** | Cheese pizza topped with peppers and tomatoes served with herby diced potatoes and salad | Beef goulash with rice and steamed cabbage and peas | Winter vegetable casserole with herby dumpling topping and roasted garlic mash | Chicken and thyme meatballs in tomato sauce with pasta | Fish stars with potato wedges and beans  |
| **Option 2****V** | Cheese and cucumber roll with salad | Plant based Sausage Roll with crudités.  | Tuna and cucumber roll with salad | Plant based meatballs in tomato sauce with pasta | Vegetable nuggets with potato wedges and beans |
| **Jacket Potato Filling** **J** | Vegetable chilli and cheese | Cheese | Beans | Tuna (fish) and sweetcorn | 5 bean hotpot |
| **Dessert of the Day** | Mixed Yoghurt | Courgette and chocolate cake with custard. | Fresh fruit salad | Fruity flapjacks with chocolate topping | Mandarins and cream |
| **Please choose M or V or J or PL** |  |  |  |  |  |

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| 25th September30th October27th November | Monday | Tuesday | Wednesday | Thursday | Friday |
| **Option 1****M** | Plant based bolognaise with grated cheese and garlic bread | Chicken and thyme pie with roast potatoes, carrots and broccoli | Oven baked sausages (pork) with cheesy mash, peas and cauliflower | Cheese pizza with sweet potato wedges and sweetcorn | Plant based goujon wraps with chips and garlic mayonnaise. |
| **Option 2****V** | Plant based bolognaise with grated cheese and garlic bread | Egg mayo and cress roll. | Plant based sausages with cheesy mash, peas and cauliflower | Tuna(fish) and cucumber roll sweet potato wedges and sweetcorn | Plant based goujon wraps with chips and garlic mayonnaise. |
| **Jacket Potato Filling J** | 5 bean hotpot | Cheese and Beans | Vegetable chilli and cheese | Tuna(fish) and sweetcorn | Cheese |
| **Dessert of the Day** | Iced sponge with sprinkles | Yogurt and honey | Fresh fruit salad and whipped cream | Chocolate brownies | Rice pudding with raspberry Jam |
| **Please choose M or V or J or PL** |  |  |  |  |  |

**On occasions, because of supply issues, we may have to change or switch a menu or dessert option. We shall take into account your child’s dietary needs where these are known. Fresh fruit is available every day. Please complete both sides and return by Friday 7th July. An allergen list will be sent via email.**